

# SHORT BREAK SERVICES IN LUTON

FOR CHILDREN AND YOUNG PEOPLE WITH DISABILITIES

**After school clubs**

**Weekend clubs**

**Activities and trips**

**Holiday schemes**



The six agencies in our Consortium provide a wide range of **short breaks services** for **children and young people with disabilities in Luton** – see overleaf for details



Supported by:



## Autism Bedfordshire



**Loads of Autistic Fun (LOAF)** – Support and activity group for children aged 0-12 with autism, their parents and siblings. Held fortnightly on Saturday mornings in term time at Lady Zia Wernher School, Luton

**Wanted Fun** – Social club for young people aged 10-17 with Asperger Syndrome. Held every fortnight on Thursday evenings in term time at Families United Network, Britannia Estate, Leagrave Road, Luton.

**Summer Activity Schemes** – Schemes are held for children and young people of different ages (3-17) with autism.

☎ 01234 350704

✉ enquiries@autismbeds.org

💻 www.autismbedfordshire.net

## Centre for Youth and Community Development



**Children's Club** – Sessions for children aged 6-11. These are held every Wednesday afternoon during term time at CYCD, Leagrave Road, Luton.

**Young People's Club** – Club for children and young people aged 11-18. Held every Saturday during term time at CYCD.

**Young Adults Club** – Youth club for young people aged 18-25. Held every Friday evening during term time at CYCD.

**Holiday Playschemes** – Provided during the school holidays at CYCD for children and young people aged 6-25. Trips to various educational, recreational and adventure centres are also arranged.

☎ 01582 519500

✉ s.moheuddin@cycd.org.uk

💻 www.cycd.org.uk

## CHUMS

CHUMS supports children and young people aged 13-25 in Luton.

**Friendship Scheme** – Youth club held in term time at Kids in Action, Dunstable on Friday evenings.

**Holiday Scheme** – Activities and trips are arranged during the Easter and summer holidays.

☎ 01525 863924

✉ annette.cooper@chums.uk.com

💻 www.chums.uk.com



## Families United Network

FUN supports children and young people aged 0-25 from across Bedfordshire and Luton. Services are provided at FUN's premises at Britannia Estate, Leagrave Road, Luton.

**Saturday Respite Club** – Club is held fortnightly during term time and offers 1-to-1 support for children aged 10-17.

**Holiday Club** – Holiday playschemes are held during the school holidays. Parents/carers need to attend these sessions.

**Holiday Respite Club** – Holiday playscheme for children with high level needs. Full respite care is provided.

☎ 01582 420800

✉ info@familiesunitednetwork.org.uk

💻 www.familiesunitednetwork.org.uk



## Friends of Bright Eyes

Fobe supports children and young people aged 8-25, with sessions held at different locations in Luton.

**Weekday Evening Clubs** – 6 clubs are held in different schools and centres in Luton during the week.

**Weekend Clubs** – Held on Saturdays (at Beech Hill School) and Sundays (at Lady Zia Wernher School) during term time.

**Holiday Schemes** – Held in the Easter, summer and winter holidays.

☎ 01582 966065

✉ manager@fobe.org.uk

💻 www.fobe.org.uk



## Special Needs Out of School Club

SNOOSC provides 1-to-1 support and full respite care for children and young people with complex disabilities aged 8-25 from Luton and Central Bedfordshire. SNOOSC sessions are held at Bedford Square Community Centre, Houghton Regis.

**Specialised After School Club** – Club runs on 3 days a week (Monday, Wednesday and Friday) during term time.

**Specialised Saturday Club** – Club is held fortnightly on Saturdays during term time.

**Specialised Holiday Clubs** – Specialist play clubs are held during the school holidays.

☎ 01582 868244

✉ snoosc1@gmail.com

💻 www.snoosc.org.uk



The Consortium also works closely with **Luton Parent Carer Forum.** ☎ 07534 625066

Contact **Autism Bedfordshire** for further details on the **Consortium.** ☎ 01234 350704 ✉ enquiries@autismbeds.org